



# NORTH UIST MEDICAL PRACTICE NEWSLETTER

www.north-uist-medical.co.uk

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## FLU VACCINE CAMPAIGN 2010

The flu season is here again. We will be offering a flu vaccination to those who are eligible. The categories we are targeting are:

All those aged 65 and over.

Patients with -

Chronic respiratory disease.

Chronic heart disease.

Chronic renal disease.

Chronic neurological disease.

Diabetes

Immunosuppression.

Those living in long-stay residential homes.

Carers

We will be sending letters to those who fall into the above category. If you haven't received a letter by the middle of November, and you feel you should have, please contact the Surgery where we will be glad to help you

## MAISIE HELEN WHEELER



On 18.06.2010, Dr Wheeler and Heather had a baby girl, Maisie.

As you can see she is very cute and doing really well. Congratulations to them all!!

## SPECIALIST TRAINING IN GENERAL PRACTICE



Dr Enid Sesay has come to North Uist to do Specialist training in General Practice. She is an experienced doctor, originally trained in Sierra Leone but has lived in the UK for many years.

Please take the opportunity to see Dr Sesay as it is important for her to see a variety of complaints and can also be useful as a patient to get a different perspective to your problem.

As part of her training, she is closely supervised. Any feedback would be appreciated either to her or to Dr Wheeler who is her clinical supervisor.

## NORTH UIST MEDICAL PRACTICE



### E-PRACTICE

If you haven't already signed up for E-Practice, please do so. This is a very useful facility with the following key features:

#### BOOKING APPOINTMENTS:

You would be able to book an appointment anytime, which is good for those with work commitments and find it difficult to access a phone in surgery hours.

#### REPEAT PRESCRIPTIONS:

This facility allows you to order a repeat prescription at any time. Please bear in mind that we still need 48 hours notice before you pick up your repeat prescription.

#### EMAIL FOR HEALTH ADVICE:

You can email the Practice for any health advice you need. Your email will be answered by a clinical member of staff.

Please come into the Surgery to sign/hand in your consent form.

## Water cooler

We are sorry to report that the watercooler we had organized to be in the waiting area, has been taken away. This is due to Health Board "cut backs". This was a well used facility that we will endeavour to bring it back.

### FUN CORNER

Doctor Doctor, I think I'm a bridge  
What's come over you?  
Oh two cars, a large truck and a coach!

Doctor Doctor, what can I do? Everyone thinks  
I'm a liar  
I find that very hard to believe!

What's the difference between a buffalo and a bison?  
You can't wash your hands in a buffalo!

SORRY!!!