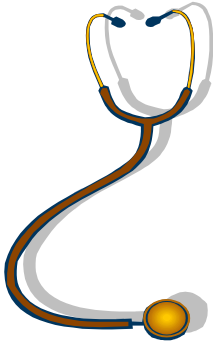


# NORTH UIST MEDICAL PRACTICE NEWSLETTER

Issue 4

August 2009



## SWINE FLU

There may be some cases of swine flu now presenting in the Southern Isles. it is important to try and mitigate its spread as much as possible. If you have sore throat, fever, cough, diarrhoea or vomiting please do not make an appointment or come to the surgery in person. Phone the practice instead (between 11 and 12 is the best time to call if possible) and you can discuss your case with a doctor or nurse.

Any new information we have regarding swine flu will be posted on our web site.

## FLU VACCINE

SWINE FLU VACCINE - it is hoped that priority groups will have the opportunity to receive a vaccine against swine flu by the beginning of September although the vaccine is still being developed. The priority groups have yet to be decided by the Government.

SEASONAL FLU VACCINE— we are hoping to offer a flu vaccine to those who are eligible around October. Patients who are eligible are: All those aged 65 and over.

Patients with—Chronic respiratory disease, Chronic heart disease, Chronic renal disease, Chronic neurological disease, Diabetes, Immunosuppression, Those living in long-stay residential homes, Carers

## DR WHEELER GOT MARRIED!!!

On 6th June 2009 Dr Wheeler and Heather got married. A lot of fun was had by all!!! We wish them both all the best for the future.



## FUNDRAISING

We are holding a bring and buy in Lochmaddy Hall on Friday 4th September 2009 at 7:30pm to fundraise for a new defibrillator for the surgery.

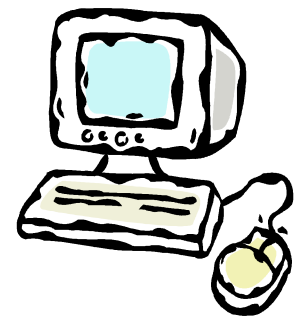
Please support us if you can.

We are looking to raise between £1,700 and £2,000.



## PUBLIC HOLIDAYS

The surgery will be closed on Monday 31st August 2009 due to a public holiday.



## FUN CORNER

A man told his doctor that he wasn't able to do all the things around the house that he used to do.

When the examination was complete, he said, "Now, Doc, I can take it. Tell me in plain English what is wrong with me."

"Well, in plain English," the doctor replied, "you are just lazy."

"Ok," said the man, "Now give me the medical term so I can tell my wife."

Special points of interest:

**NORTH UIST MEDICAL PRACTICE WEB SITE!**

**North Uist Medical Practice has its own Web site! You will find it at [www.north-uist-medical.co.uk](http://www.north-uist-medical.co.uk) please have a look.**

Patients can now opt in to a system of using email for health advice from clinical staff, booking appointments, or for ordering repeat prescriptions.

Patients interested in this service must come into the practice to read and sign an agreement form.