October 2008

NORTH UIST MEDICAL PRACTICE NEWSLETTER



FLU VACCINE CAMPAIGN 2008

The flu season is almost here again. We will soon be offering a flu vaccination to those who are eligible. The categories we are targeting are:

All those aged 65 and over.

- Patients with -
- Chronic respiratory disease.
- Chronic heart disease.
- Chronic renal disease.

Chronic neurological disease.

Diabetes

Carers

- Immunosuppression.
- Those living in longstay residential homes.

REPEAT PRESCRIPTION Please ensure that you allow <u>2 WORKING</u> <u>DAYS</u> from when you order your medication to picking it up.

This gives us time to put your prescription through our checking system, a very important step in ensuring your medication is dispensed safely.

APPOINTMENTS

Practice policy is that any patient needing to see a doctor or nurse quickly will be given an appointment within 2 working days. For less urgent things where you want to see a specific person you may have to wait longer than this.

If you feel you have something that really needs to be seen on the day you call then please tell our receptionist (you don't have to give any details!) We will always fit emergencies in... but please only use this service if you feel it's necessary! If you're not sure. a doctor or nurse would be happy to advise you over the phone.

Special points of interest:

- Dr Gerry Wheeler joined the Practice in June 2007. He has fitted in very well and is enjoying working in North Uist. Since coming here Dr Wheeler has published an article in the British Medical Association journal about working on the Island. Read all about it in the reception area! Since coming here he also found time to propose to his physiotherapist girlfriend (whilst standing on the top of Eaval!) in February this year (She said yes!!)
- We are pleased to have Dr Karen Wilson back to work following the birth of her son.

YELLOW FEVER CENTRE

Since 2008, North Uist Medical has become a Yellow Fever Vaccination centre.

You can now receive Yellow Fever vaccine at the Practice whereas before patients had to travel to Stornoway or Glasgow to receive the injection.

Anyone requiring a Yellow Fever Vaccine should phone Angie, our Practice Nurse. Please contact us as early as possible before departure to allow a full assessment of your travel needs.

FUN CORNER

HILLBILLY MEDICAL TERMS

BENIGN	What you be after you be eight
CATSCAN	Searching for kitty
CAUTERIZE	Made eye contact with her
OUTPATIENT	A person who has fainted
URINE	Opposite of mine